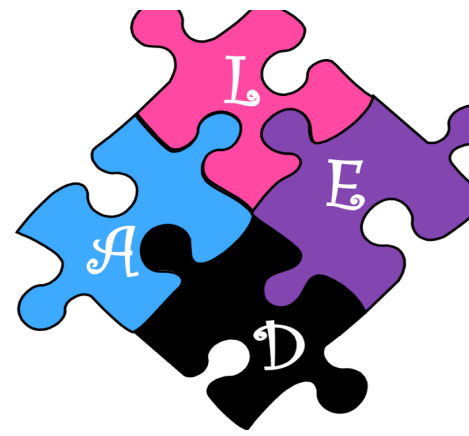


# ACTION

## Discussion Points:

- What does Action mean to you?
- How can Action help you as a leader?
- Who represents Action in your life?



## Leadership Action Pose Activity:

- Materials for Leadership Action Pose:
  - A fun song to dance to like "Girls Just Wanna Have Fun". This can be done with just clapping as well.
- Directions:
  - Stand in a circle
  - Put on the music if you have some, if not start clapping all together
  - One by one have each girl shout out, "My name is \_\_\_\_ and this is my leader ACTION pose!"
  - All the girls repeat back "Her name is \_\_\_\_ and this is her leader ACTION pose!"
  - After all the girls have had a chance to celebrate go into freestyle dancing for fun!

## Take Action Activity:

- Materials for Take Action!
  - FYI Take Action Worksheet or Plain Paper
  - Have the girls silently journal about leadership ideas they have. For Example:
    - What do they dream of doing as a leader?
    - What cool ideas do they have for spreading leadership?
      - Journaling first will help the girls generate ideas for the Action Leader
  - Then make a circle (the journaling notes can stay behind or on the floor they will not be used)
  - One at a time each girl steps into the circle and says, "As your action leader I will \_\_\_\_\_" (Example: "As your action leader I will change the way people see girls by creating a school that educates everyone about the important role girls have in this world.")
  - After the girl speaks her action leader commitment she places her hand in the middle. The next girl to go places her hand on top of the first girl. And so on until everyone has hands in the middle.
  - Once all the hands are in. Count 1, 2, 3 and Yell "ACTION LEADERS!"
    - **SPECIAL NOTE**
      - It helps to prep the girls in advance for the 1, 2, 3 count so everyone is ready to yell nice and loud.